

**What is claimed is:**

1. An anonymous testing method comprising:  
providing a patient with an Alias ID and a Password;  
obtaining a test sample from the patient identified only by the Alias ID;  
testing the sample to obtain a test result;  
providing the test results to the patient using the Alias ID and Password.
2. The method of claim 1, wherein the Alias ID comprises six or more characters.
3. The method of claim 1, wherein the Password comprises four or more characters.
4. The method of claim 1, wherein the test sample is a DNA sample.
5. The method of claim 1, wherein the test is a DNA test.
6. The method of claim 1, wherein the patient is provided the test results at a website.
7. The method of claim 1, further comprising providing the patient with recommendations based on the test results.
8. A method of obtaining test results anonymously comprising:  
obtaining an Alias ID and Password;

providing a test sample for testing, wherein the test sample is identified by Alias ID; and  
obtaining test results using the Alias ID and the Password.

9. The method of claim 8, wherein the Alias ID comprises six or more characters.
10. The method of claim 8, wherein the Password comprises four or more characters.
11. The method of claim 8, wherein the test sample is a DNA sample.
12. The method of claim 8, wherein the test is a DNA test.
13. The method of claim 8, wherein the test results are obtained at a website.
14. The method of claim 13, further comprising obtaining recommendations based on the test results at the website.
15. An anonymous test kit comprising:  
an Alias ID;  
a Password; and  
instructions on obtaining a test sample.
16. The anonymous test kit of claim 15, wherein the Alias ID comprises six or more characters.

17. The anonymous test kit of claim 15, wherein the Password comprises four or more characters.

18. The anonymous test kit of claim 15, wherein the test sample is a DNA sample.